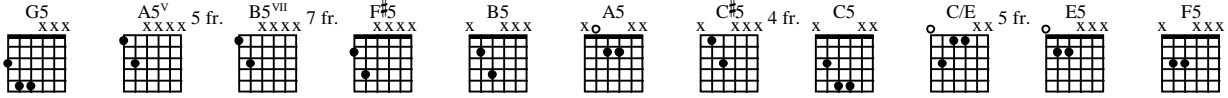


# ONE

As recorded by Metallica

(From the 1988 Album ...AND JUSTICE FOR ALL)

Wor  
Ulric



## A Intro

Moderately ♩ = 108

1 Gtr I

Bm Gmaj7 Bm Gmaj7

let ring

6 Gtr I

Bm D/A Gmaj7 N.C.

let ring

10 Gtr I

Bm Gmaj7 Bm Gmaj7

let ring

Gtr II

Full

H P P P P sl. P P P P

14 *Bm* *D/A* *Gmaj7* *N.C.*

let ring-----|

T			
A	2 4 2 0	0 4 0 0	4 0
B			3 3 0 2 2 2

T	2 4	2 3	2	2 3 2	2	2 4
A						
B						

sl. sl. H sl. P sl.

18 *Bm* *Gmaj7* *Bm* *Gmaj7*

let ring-----|

T				
A	2 4 2 0	4 0	2 4 2 0	4 0 0
B		3 3	2 4 2 0	3 3

T		14 19	17 15 14 15	7 6 7	9 7 9	11 9	11 12 12 11
A	16 16						
B							

let ring P P P sl.

22 *Bm* *D/A* *Gmaj7* *N.C.*

let ring-----|

T				
A	2 4 2 0	0 4 0 0	4 0	0 2 2 0 2 2 4 2
B			3 3	

T	7 7 8 10	7 7 8 7	7 7 7 9 9 10 10 12 10 9 7 9	9 10 7
A	9 7	9 7		
B				

H sl. sl.

26

Bm Gmaj7 Bm Gmaj7

Gtr I  
let ring-----|

T				
A	4	0	4	4
B	2 2 0 0 4 0	3 3 0 4 4 0	2 4 2 0 0 4 0	3 3 4 0 4 4 0

Gtr III  
let ring-----|

T				
A	4	0	4	0
B	2 4 2 0	3 3 4 0	2 4 2 0	3 3 4 0

30

Bm D/A Gmaj7 Em F#m G5 A5

let ring-----| ~~~~~ let ring-----| let ring|

T						
A	4	0	4	0	2 4	5 0
B	2 2 0 0 4 0	0 4 0 0 4 4 0	3 3 4 0 0 4 0	0 H 2 4 2 4	3 5 0 3 5 7	

let ring-----| ~~~~~ let ring-----| let ring|

T						
A	4	0	4	0	2 4	5 0
B	2 4 2 0	0 4 0 0	3 3 4 0	0 H 2 4 2 4	3 5 0 3 5 7	

35

D G F#sus2 I. Em 2. Em N.C.

Gtrs I, III  
let ring-----|

let ring-----| let ring

T | | 0 3 0 4 0 0 3 0 0 1 1 1 0 2 4 0 4 5 | | 2 4 0 4

A | | 7 0 7 7 0 0 0 3 0 0 3 0 0 2 4 0 4 5 | | 2 4 0 4

B | | 5 7 7 0 0 0 0 3 0 3 0 1 0 2 4 0 4 5 | | 2 4 0 4

H sl.

Gtr IV  
let ring-----|

let ring-----|

T | | 3 3 3 5 3 5 3 1 3 1 0 0 2 2 4 5 4 5 4 5 0 0 2 0

A | | 0 2 3 5 4 5 4 2 4 2 0 0 3 3 5 7 4 5 4 5 7 5 0 0

B | | 0 0 0 5 4 5 4 2 4 2 0 0 3 3 5 7 4 5 4 5 7 5 0 0

H P sl. H P sl. H

**B** 1st & 2nd Verses

40

Bm Gmaj7 Bm Gmaj7

Gtr I  
let ring-----|

T | | 0 4 2 0 0 4 0 4 0 4 4 0 2 4 2 0 0 4 0 4 0 0 0

A | | 2 4 2 0 0 4 0 4 0 4 4 0 2 4 2 0 0 4 0 4 0 0 0

B | | 2 2 0 3 3 3 3 3 2 2 0 0 4 0 3 3 0

Gtr III  
let ring-----|

T | | 0 4 2 0 4 0 2 4 2 0 4 0 0 0

A | | 2 4 2 0 4 0 2 4 2 0 4 0 0 0

B | | 2 2 0 3 3 3 2 2 0 3 3 3 5

H

44

Bm D/A Gmaj7 N.C.

T									
A	2	4	2	0	0	4	0		
B				0	4	0	0	4	4

T									
A	2	4	2	0					
B				0	4	0	0	4	4

48

Bm Gmaj7 Bm Gmaj7

T									
A	2	4	2	0	0	4	0		
B				0	4	0	0	4	4

T									
A	2	4	2	0					
B				0	4	0	0	4	4

52

Bm D/A Gmaj7 N.C.

T									
A	2	4	2	0	0	4	0		
B				0	4	0	0	4	4

T									
A	2	4	2	0					
B				0	4	0	0	4	4

56

G5 A5B5A5G5 F#5 B5 A5 B5C#5B5A5 N.C. (D) (G)

Gtr V

T  
A  
B 5 3 7 5 9 7 5 3 4 2 4 2 0 4 6 4 2 2 4 2 0 3 4 0 (0)

sl.

Gtrs I, III  
let ring--|

T  
A  
B 5 7 0 7 7 0 0 0 3 0 4 0 0 3 0 0

Gtr IV  
let ring-----|

T  
A  
B 3 2 3 3 5 3 5 3 1 3 1 0 0 0 5 4 5 4 2 4 2 0 0

H P sl. H P

60

(Fsus2) (Em) (D) (G) (Fsus2)

Gtrs I, III  
let ring-----| let ring---| let ring-----|

T  
A  
B 1 0 1 0 2 4 0 4 5 7 0 7 7 0 0 0 3 0 4 0 0 3 0 0 1 0 1 0

H sl.

Gtr IV  
let ring-----|

T  
A  
B 2 3 2 3 4 5 4 5 4 3 0 2 3 3 5 3 5 3 1 3 1 0 0 2 3 2 4 5 5 7

sl. H H P sl. H P sl.

65

(Em) N.C. 2. (Em) (D) (G) (Fsus2)

let ring let ring let ring---| let ring-----|

T  
A  
B

2 4 0 4 3 | 2 4 0 4 5 | 5 7 0 7 7 0 | 0 0 3 0 4 0 0 3 0 | 3 1 0 1 0

H sl.

let ring-----|

T  
A  
B

0 0 3 3 3 | 5 3 5 3 1 3 1 0 | 0 0 2 2 4 5 | 5 2 3 5 7

H P sl. H P sl.

Gtr II

T  
A  
B

10 7 7 | 10 10 8 7 9 | 7 8 7 7 | 10 8 7 10 7 8

P sl.

(Em) (D) (G) (F)

70

let ring let ring--| let ring-----|

T  
A  
B

H sl.

let ring-----|

T  
A  
B

H H P sl. H P sl.

let ring-----|

T  
A  
B

P P P P P P



74

Em (D) (G) (F)

let ring let ring let ring

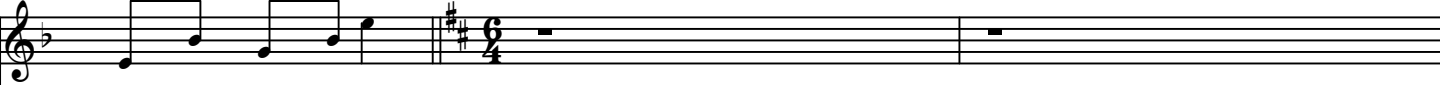
H sl.

~~~~~ let ring

H P sl. H P sl.

sl. P sl. TP P TP P TP P TP P TP P TP P

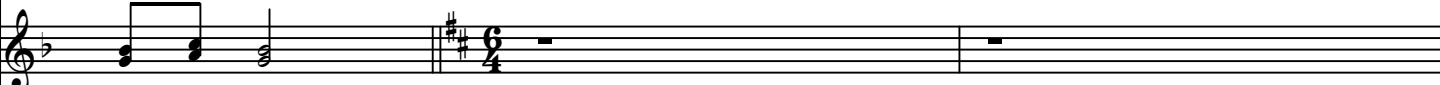
(Em) G5 A5 B5 A5 G5 F#5 B5 A5 B5 C#5 B5 A5 B5 C#5

78 

*let ring---|*


T  
A 2 4 0 4 5  
B

H sl.



T  
A 4 5 4  
B 5 7 5

H



Gtr V


T 20 12 13 12 20 12 13 12

A

B 5 7 9 7 5 4 4 2 0 4 6 4 2 4 6 2 4 2 0 2 4

TP H P TP H P sl.

G5 A5 B5 A5 G5 F#5 B5 A5 B5 C#5 B5 A5 B5 C#5 G5 A5 B5 A5 G5 F#5 B5

81 

Gtr V

T

A

B 5 7 9 7 5 4 4 2 0 4 6 4 2 4 6 2 4 2 0 2 4 5 7 9 7 5 4 4 2

sl.

**C** Interlude

(Am)

(G)

(B)

(C)

84

Gtr VI



|   |   |   |     |    |    |   |   |   |
|---|---|---|-----|----|----|---|---|---|
| T | 5 | 3 | 5   | 8  | 8  |   |   |   |
| A | 5 | 4 | 5   | 7  | 7  |   |   |   |
| B | 7 | 5 | 7   | 9  | 9  |   |   |   |
| B | 8 | 7 | 8   | 10 | 10 | 7 | 2 | 2 |
|   |   |   |     |    |    |   |   | 3 |
|   |   |   | st. |    |    |   |   | 3 |

Gtr II

|   |   |   |   |   |  |   |   |   |
|---|---|---|---|---|--|---|---|---|
| T |   |   |   |   |  | 4 | 4 | 5 |
| A |   |   |   |   |  |   |   |   |
| B | 0 | 2 | 3 | 5 |  | 2 | 2 | 3 |

Gtr V

P.M.-----|

|   |   |   |   |   |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| T |   |   |   |   |   |   |   |   |   |   |   |   |   |
| A |   |   |   |   |   | 4 | 4 | 4 | 5 | 5 | 5 | 5 | 0 |
| B | 0 | 0 | 0 | 0 | 2 | 3 | 0 | 5 | 5 | 5 | 5 | 4 | 2 |
|   |   |   |   |   |   |   |   | 3 | 3 | 3 | 3 | 2 | 2 |
|   |   |   |   |   |   |   |   |   | 3 | 3 | 3 | 3 | 0 |

(Am) (G) (B) (C)

88

T A B

T A B

T A B

P.M.

T A B

(Am) (G) (B) (C)

92

T A B

5 5 7 7 8 8 7 7 5 5 4 4 3 3 2 2 3 3

5 5 7 7 8 8 7 7 5 5 4 4 3 3 2 2 3 3

8 7 7 7 8 8 7 7 5 5 4 4 3 3 2 2 3 3

0 2 3 5 4 4 2 4 5 3 3 5 5 0

P.M.

T A B

0 0 0 0 0 2 3 0 5 5 5 5 4 4 2 4 5 3 3 5 5 0

(Am) (G) (B) (C)

96

T A B

T A B

T A B

T A B

T A B

T A B

Em D B5 C5 C/E

100

T A B

T A B

T A B

T A B

T A B

P.M. P.M. P.M. P.M. P.M.

T A B

sl.

106 E5

Gtr V *fff*  
P.M.-----| P.M.-----| P.M.-----| P.M.-----|

T  
A  
B

108 E5 F5

P.M.-----| P.M.-----| P.M.-----| P.M.-----|

T  
A  
B

110 E5 F5

P.M.-----| P.M.-----| P.M.-----| P.M.-----|

T  
A  
B

112 E5 F5

P.M.-----| P.M.-----| P.M.-----| P.M.-----|

T  
A  
B

114 N.C.

1.  
P.M.-----| P.M.-----| P.M.-----| P.M.-----|

T  
A  
B

116

P.M.-----| *sl.* P.M.-----| P.M.-----| P.M.-----|

T  
A  
B

0 0 0 0 0 0 7 0 0 0 0 0 0 7 8 0 0 0 0 0 0 5 0 0 0 0 0 0 0 5 7

118

Double Time ♩ = 216

E5 F5 E5 F5

P.M.-----| P.M.-----| P.M.-----| P.M.-----| P.M.-----| P.M.-----|

T  
A  
B

0 0 0 0 0 0 2 0 0 0 2 0 0 0 2 0 0 0 2 0 0 0 2 0 0 0 2 0 0 0 3

122

E5 F5 E5 F5

P.M.-----| P.M.-----| P.M.-----| P.M.-----| P.M.-----| P.M.-----|

T  
A  
B

0 0 0 0 0 0 2 0 0 0 2 0 0 0 3 0 0 0 2 0 0 0 2 0 0 0 3

126

P.M. P.M.

T  
A  
B

0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0



**D** Guitar Solo

E5 F5

130

Gtr II

T 19 15 12 19 12 15 19 15 12 19 12 15 19 15 12 19 12 15 19 12 15 20 12 15 20 15 12 20 12 15 19 12 15 20 12 15 20 15 12 20 12 15 20 15 12

A

B

TP P TP H TP P TP H TP P TP P TP H TP H TP H TP P TP H TP P TP H TP P

Gtr V

P.M.-----| P.M.-----| P.M.-----|

T

A

B 0 0 0 0 0 0 2 0 0 0 0 0 0 2 0 0 0 3

E5 F5

132

T 19 15 12 19 12 15 19 15 12 19 12 15 19 15 12 19 12 15 19 15 12 20 15 12 20 12 15 20 15 12 20 15 12 20 12 15 20 15 12 20 15 12

A

B

TP P TP H TP P TP H TP P TP H TP P TP P TP P TP H TP P TP P TP H TP P TP P

P.M.-----| P.M.-----| P.M.-----|

T

A

B 0 0 0 0 0 0 2 0 0 0 0 0 0 2 0 0 0 3

134

E5 F5

T 17 13 10 17 10 13 17 10 13 17 10 13 17 10 13 17 10 13 17 10 13 18 13 10 18 10 13 18 13 10 18 10 13 18 13 10 18 10 13 18 10 13 18 10 13 18 10 13

A

B

TP P TP H TP H TP H TP H TP H TP H TP H TP P TP H TP P TP H TP P TP H TP H TP H

P.M.-----| P.M.-----| P.M.-----|

T

A

B 0 0 0 0 0 0 0 2 0 0 0 0 0 0 2 0 0 0 3

136

E5 F5 E5

T 17 12 14 17 12 17 10 17 12 17 10 17 8 17 10 17 8 17 7 17 8 17 7 17 5 12 12 12 12 12 12 12 12 14 14 14

A

B

TP H TP TP TP TP TP TP TP TP TP TP TP TP TP TP

P.M.-----| P.M.-----| P.M.-----|

T

A

B 0 0 0 0 0 0 2 0 0 0 0 0 2 0 0 0 3 0 0 0 0 0 0 0 0 0 0

139

T 15 15 15 17 17 17 17 15 15 15 17 17 17 17 22 Full 22 Full 22 Full (22) (22) 15 17

A

B

skl.

P.M.-----| P.M.-----|

T

A

B 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 2 2 2 2 0 0 0 0 0 0 0 0

142

F5 G5 E5

T 17 15 17 15 17 19 15 17 15 17 15 17 19 15 17 15 15 17 15 15 17 15 17 19 17 19 17 15 17 15 15 17

A

B

P H P H P H P

P.M.-----| P.M.-----| P.M.-----|

T

A

B 0 0 0 0 0 0 2 3 3 3 3 3 3 5 5 3 0 0 0 0 0 0 2 2 0

145

F5 G5

T 19 17 15 19 17 15 19 17 15 19 17 15 19 17 15 19 17 19 17 19 17 15 18 15 18 15 18 15 18 15

A

B

P P P P P

Full Full Full Full

P.M.-----| P.M.-----| P.M.-----|

T

A

B 0 0 0 0 0 0 2 2 0 0 0 0 0 0 2 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3

A<sup>b5</sup>

148

P P P P P H P

P.M.----- P.M.----- P.M.-----

F5 G5

151

H P P H P P P P P

P.M.----- P.M.----- P.M.-----

154

A<sup>7</sup>5 F5 G5

A.H. P.M. -| P.M. -| P.M. -| P.M. -|

T  
A  
B

G

158

F5 G5

1/2 1/2 1/2 1/2 1/2 1/2 1/2 1/2 1/2 1/4 1/2 1/4 1/2 1/4 1/2

T  
A  
B

P

Musical notation system 1 (Measures 162-165). Includes guitar staves with notes, tablature, and fret numbers (F5, N.C.).

Musical notation system 2 (Measures 166-168). Includes guitar staves with notes, tablature, and fret numbers (E5, F5, N.C.).

Musical notation system 3 (Measures 169-171). Includes guitar staves with notes, tablature, and fret numbers (E5, F5).

172

1. | 2.

E5 F5 E5 F5 E5

T 7 5 8 5 7 8 7 8 8 7 5 7 7 5 7 5

A 8 7 9 9 7 9 9 6 7 7 6 9 6

B

P.M.-----| P.M.-----| P.M.---| P.M.---| P.M.---| P.M.-----| P.M.---|

T

A 2 2 3

B 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0

176

1. | 2.

F5 E5 F5 E5 F5

T 8 8 7 7 7 5 7 5 5 5 8 7 8 8 7 8 7 5 8 7 8 7 5 7 5

A 9 9 9 8 8 7 8 7 9 9 7 9 9 6 7 7 6 9 6 8 7 6 7 7 6 7 5

B

P.M.---| P.M.---| P.M.-----| P.M.-----| P.M.---| P.M.---| P.M.---|

T

A 2 3 2 3

B 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0

180

E5 F5 E5

183

F5 E5 F5

186

G5 E5

189

F5 G5 E5



The image shows a musical score for guitar. The top staff is a treble clef staff with a key signature of one sharp (F#). It contains a sequence of notes and triplets. Above the staff, there are chord labels 'F5' and 'E5'. Below the staff, there are 'P.M.' markings with dashed lines and vertical bars. The bottom staff is a bass clef staff with fret numbers. The fret numbers are: 0 0 0 2 0 0 0 3 | 2 2 2 2 2 2 2 2 | 2 2 2 2 | 2 2 2 2.