

# My Help (Cometh from the Lord)

Words and Music by  
**JACKIE GOUCHE FARRIS**  
 Arranged by Carol Cymbala

Freely, with expression

The musical score is written in 4/4 time and consists of four systems of piano accompaniment and vocal lines.

- System 1 (Measures 1-3):** Piano accompaniment starts with a piano (*p*) dynamic. Chords are  $Bb\text{maj}7$  and  $Dm7$ . A first ending bracket labeled "16" spans the first two measures.
- System 2 (Measures 4-6):** Piano accompaniment continues with chords  $Bb\text{maj}9$  and  $Bb\text{m}7$ . A second ending bracket labeled "4" spans the first two measures.
- System 3 (Measures 7-9):** Features a vocal line starting at measure 7 with the lyrics "I will lift up mine eyes to the hills". The tempo is marked "Moderately" with a metronome marking of  $\text{♩} = 93 \text{ to } 95$ . The piano accompaniment includes a *rit.* (ritardando) marking and chords  $Bb2$ ,  $C$ ,  $Bb\text{maj}7$ ,  $C7(\flat 9)$ , and  $F2$ . Dynamics include *mp* and *ten.* (tension).
- System 4 (Measures 10-12):** Features a vocal line with the lyrics "from whence cometh my help. My". The piano accompaniment includes a triplet of eighth notes in the vocal line and a  $F\sharp C$  chord in the piano part.

12

help com - eth from the Lord, the

F E2/A Bb2

14

Lord which made heav - en and earth. He said

Gm7 C7sus Bb2/D C/E

17

He will not suf - fer thy foot, thy foot to be moved. The

F 8va C/F

20

Lord which keep - eth thee, He will not slum - ber nor -

F E/A Fmaj7/Bb Bb Gm11

23

sleep. Oh, the Lord is thy keep - er, the

*F*sus  
C

*G*m(2)  
A

*E*dim7  
A

Dm9

26

Lord is thy shade up - on thy right hand,

Dm(maj7)

Dm7

Dm  
C

*G*/  
B

G

29

up - on thy right hand.

*C*2  
E

C  
E

*C*7  
F

*F*  
A

Bb2

Bb *F* *G*m *D*m  
A F

32

No, the sun shall not smite thee by day, nor the moon by

*E*m7(b5)

*A*sus7b9

Bb13(#11)

Bb

Bb  
C

Dbdim7

35

night. ————— He shall pre-serve thy soul

Dm9 Dm9 C G B G C2 E C E

38

e - ven for - ev - er - more.

Gdim7 F Bb2 Bb Gm7 Gm7(b5)

41

*mf* My ————— help, ————— my ————— help, —————

F C Am7 Dm9

*mf*

44

my ————— help, ————— all of my

Gm7(b5) E C Am7 Dm C E D C E F#

47

help com - eth from the Lord.

Gm E Gm G7 C7 F

A Bb B

3

51

17

C F Bb Bb2 F

54

CHOIR unis.  
mp

I will

Gm7 E2 A Bbmaj9 C7(b9)

A

mp

57

lift up mine eyes to the hills from whence com - eth my

F2

59

help. My help com - eth from the Lord, the

F/C E/A F/Bb Gm/Bb F/Bb

62

Lord which made heav - en and earth. He said

Gm9 F#sus/C C Bbmaj9/C C7

65

He will not suf - fer thy foot, thy foot to be moved. The

F2 F

68

18

Lord which keep - eth thee,— He will not slum - ber nor—

F E/A Bbmaj9 Gm11

71

SOLO

CHOIR

Oh, the Lord is thy keep - er,— the

sleep. Oh, the Lord is thy keep - er, the

Bb2/C Dsus/A Dbdim7 Dm

74

*(2nd time SOLO ad lib.)*

Lord is thy shade up on thy right hand,

Lord is thy shade up on thy right hand,

*A*aug  
D                      Dm7                      G/B                      G

77

up on thy right hand,

up on thy right hand,

Em7                      C                      Am7                      F                      Bb                      E/A                      Gm7                      F



80

No, the sun shall not smite thee by day, nor the moon by

No, the sun shall not smite thee by day, nor the moon by

Em7(b5) Gdim7/A Dm(2) Dm Aaug/D

83

night. He shall pre-serve thy soul

night. He shall pre-serve thy soul

Dm7 Dm G/B G C2 C7/Bb

86

19

e - ven for - ev - er - more.

e - ven for - ev - er - more.

Am7      E/A      Bb      Gm7      C/G      Gm7(b5)

89

*f* My help, my help,

*f* My help, my help,

*f*      E/C      A7(#5#9)      A7(#5b9)      Dm9

92 21 (2nd time)

my help, all of my

my help, all of my

my help, all of my

Ebm Db E C Dm11 Dm C E D F#

95 2nd time to Coda ⊕ *poco a poco decresc.*

help com - eth from the Lord.

help com - eth from the Lord.

help com - eth from the Lord.

Gm E A Gm Bb E C C7 F

*poco a poco decresc.*

98

*mp*

*mp*

*mp*

*mp*

C  
F

B $\flat$   
F

102

20

*mf*

*D.S. al Coda*

Oh, the Lord... is thy keep - er.

*mf*

Oh, the

*Bbmaj7*  
F

*Gm7*

*Dsus*  
A

*Dbdim7*

*molto cresc.*

♩ CODA *SOLO continue ad lib.*

Lord. My help,

F7  
Eb

8<sup>vb</sup> 8<sup>vb</sup>

107

my help, my help,

Dm9 Gm7(b5) F C

110

all of my help com - eth from the

Dm11 Dm C D F# Gm E A Gm Bb F C C7

*mf* (2nd time SOLO ad lib. to end)

113 Lord. Lift up mine eyes,

Lord. Lift up mine eyes

F

*mf*

116 un - to the hills, all of my

He is my strength,

B $\flat$ /  
F

Dm7 C D  
E F $\sharp$

119 help com - eth from the

2nd time cresc.

Gm E A Gm F C7

B $\flat$  C

2nd time cresc.

121 22 (3rd time) *f*

Lord. My help, my help,

*F7 Eb* *Dm9*

8<sup>vb</sup>... 8<sup>vb</sup>...

124

my help, all of my

*Gm7(b5)* *F C* *Dm11* *Dm C Bb D F#*

127 *3rd time poco rit.*

1. 2. 3.

help com - eth from the from the

*Gm E A Gm Bb F C C7 F C C7*

*3rd time poco rit.*

130

Broader Tempo

*mf*

Lord.

F

*mf broader*

3

132

*decresc.*

*mp*

F C

*decresc.*

*mp*

134

SOLO *mp*

3

3

*p*

All of my help ——— com-eth from ——— the Lord. ———

*poco a poco rit. e decresc.*

*mp*

*p*

the

Lord.

B $\flat$   
F

B $\flat$ 2  
C

F2

*poco a poco rit. e decresc.*

*p*

*p*